



**RULE-MAKING ORDER**  
(RCW 34.05.360)

**CR-103** (10/1/89)

Agency: **Criminal Justice Training Commission**

- Permanent Rule  
 Emergency Rule

(1) Date of adoption: **June 13, 1991**

(2) Purpose: **To establish a physical fitness standards as an academy admissions requirement for recruit corrections officers.**

(3) Citation of existing rules affected by this order:

Repealed: **none**  
Amended: **none**  
Suspended: **none**

(4) Authority for adoption:

Statute: **43.101.080(2)**

Other Authority:

(5.1) **PERMANENT RULE ONLY**

Pursuant to notice filed as WSR 91-10-088 on May 1, 1991 (date).

Describe any changes other than editing from proposed to adopted version:

**none**

(5.2) **EMERGENCY RULE ONLY**

Pursuant to RCW 34.05.350 the agency for good cause finds:

- (a) That immediate adoption, amendment, or repeal of a rule is necessary for the preservation of the public health, safety, or general welfare, and that observing the time requirements of notice and opportunity to comment upon adoption of a permanent rule would be contrary to the public interest.
- (b) That state or federal law or federal rule or a federal deadline for state receipt of federal funds requires immediate adoption of a rule.

Reasons for this finding:

(5.3) Any other findings required by other provisions of law as precondition to adoption or effectiveness of rule?

Yes  No If yes, explain:

(6) Effective date of rule:

**Permanent Rules**

**Emergency Rules**

- 31 days after filing  Immediately  
 Other (specify) 7/1/91 \*  Later (specify) \_\_\_\_\_

\*(If less than 31 days after filing, specific finding in 5.3 under RCW 34.05.380(3) is required)

**CODE REVISER USE ONLY**

CODE REVISER'S OFFICE  
STATE OF WASHINGTON  
FILED

**JUN 24 1991**

TIME: 1:25 PM  
WSR: 91-14-010

NAME (TYPE OR PRINT)

**James C. Scott**

SIGNATURE

*James C. Scott*

Executive Director

DATE **6/21/91**

AMENDATORY SECTION (Amending Order No. 25 filed 12/12/90)  
139-10-212 PHYSICAL REQUIREMENTS FOR ADMISSION TO BASIC  
CORRECTIONS ACADEMIES. Each successful applicant for  
admission to a basic corrections officer academy sponsored  
or conducted by the Washington State Criminal Justice  
Training Commission shall possess good health and physical  
capability to actively and fully participate in defensive  
tactics training and other required physical activities.  
In order to minimize risk of injury and maximize the  
benefit of such participation, each trainee in any academy  
session commencing on or after July 1, (~~1991~~) 1992,  
shall, as a precondition of his or her academy attendance,  
demonstrate a requisite level of physical fitness, as  
established by the Training Commission.

For this purpose, each academy applicant shall be evaluated  
in the assessment areas of aerobic capacity, strength, and  
flexibility, in accordance with the requirements and  
procedures established by the Training Commission. Such  
evaluation shall be based upon performance ratings which  
are normed to the general population and appropriately  
adjusted for consideration of age and gender of the  
applicant.

Failure to demonstrate a requisite level of fitness within  
each assessment area will result in ineligibility for  
academy admissions and/or attendance.